

5th Annual Kanawha Trace Trail Runs
 50K Trail Race
 Ona, West Virginia 08/08/2015 72° Sunny

***** OVERALL RESULTS *****

Mens Record: Robert Smith, 2011, 4:26:06

Womens Record: Jennie Belt, 2013, 5:20:39

Place	Name	Age	Sex	City	St	Time	Pace
=====	=====	=====	=====	=====	=====	=====	=====
1	Andrew Helmick	49	M			5:15:21	10:09
2	Zach Beckett	32	M			5:41:35	11:00
3	Jeremy Nelson	35	M			5:42:40	11:02
4	Jamel Boukhemis	24	M			5:49:45	11:16
5	Malinda Honkus	45	F			5:57:11	11:30
6	Brian Todd	42	M			6:10:00	11:55
7	Matthew Young	40	M			6:13:53	12:03
8	Richard Young	39	M			6:22:26	12:19
9	David Kephart	28	M			6:30:20	12:34
10	Josh Holley	27	M			6:35:13	12:44
11	James Phillips	32	M			6:36:45	12:47
12	Brandon Perry	28	M			6:53:10	13:18
13	Seth Clark	39	M			6:55:20	13:23
14	Ed Talbott	51	M			6:59:42	13:31
15	Jenna Koenigshofer	33	F			7:00:06	13:32
16	Mark Tichinel	54	M			7:00:49	13:33
17	Emily Collins	36	F			7:01:06	13:34
18	Stacy Goff	38	F			7:03:27	13:38
19	Michael Lemaster	36	M			7:03:33	13:38
20	Craig Buell	39	M			7:03:47	13:39
21	Rebecca King	45	F			7:07:58	13:47
22	Thomas King	46	M			7:07:59	13:47
23	Sylvia Gleason	55	F			7:15:32	14:02
24	Greg Bridgewater	59	M			7:19:06	14:08
25	Devesh Sharma	43	M			7:19:51	14:10
26	Henry Stogner	42	M			7:20:32	14:11
27	Marwan Aldulaimi	36	M			7:34:46	14:39
28	Kathleen Clark	26	F			7:34:51	14:39
29	Nathan Fortney	33	M			7:37:09	14:43
30	Adam Hager	27	M			7:38:57	14:47
31	Clayton McMillen	28	M			7:38:57	14:47
32	Jason Beckner	28	M			7:38:58	14:47
33	Tyler Cooksey	24	M			7:42:04	14:53
34	Zeke Smith	37	M			7:43:01	14:55
35	Austin Michael	39	M			7:50:05	15:08
36	Eric Scheper	42	M			7:51:10	15:10
37	Susie Gunnels	37	F			7:52:14	15:12
38	Brett Arthur	27	F			7:53:52	15:16
39	Krista Miller	29	F			7:56:12	15:20
40	Philip Dial	32	M			7:57:51	15:23
41	Daniel Jarvis	36	M			7:57:56	15:23
42	Ronald Shuck	65	M			8:07:15	15:41
43	Candice Finley	31	F			8:11:46	15:50
44	Sarah Jarvis	33	F			8:12:27	15:51
45	Jill Meadows	40	F			8:24:59	16:16
46	Scott Harris	40	M			8:27:40	16:21
47	Mark Heintzman	61	M			8:30:56	16:27
48	William Barnette	44	M			8:35:25	16:36

49	Matthew Pett	37	M	8:35:26	16:36
50	Joe Kirtner	21	M	8:39:22	16:43

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Place	Name	Age	Sex	City	St	Time	Pace
51	David Hale	53	M			8:48:10	17:00
52	Jessica Walden	38	F			8:48:11	17:00
53	Dawn Rhodes	45	F			8:54:19	17:12
54	Gina Helmick	52	F			8:54:19	17:12
55	David Lewis	35	M			9:04:40	17:32
56	Chris Campbell	36	M			9:04:40	17:32
57	Joey Jarvis	34	M			9:08:26	17:40
58	Edwin Warnick	25	M			9:08:26	17:40
59	Tony Burge	45	M			9:18:42	17:59
60	Ron McKinney	68	M			9:23:49	18:09
61	Daniel Minnick	31	M			9:24:28	18:11
62	George Rose	42	M			9:25:50	18:13
63	E.J. Last	37	F			9:27:17	18:16
64	Sarah Heck	40	F			9:34:42	18:30
65	Davey Jones	36	M			9:46:49	18:54
66	Todd Slayton	49	M			9:49:55	19:00
67	Tasha Holland	41	F			9:50:56	19:02
68	Jamie Boyd	38	F			9:53:30	19:07
69	Jeremy Mullins	35	M			9:53:37	19:07
70	Andrea Bond	43	F			9:57:02	19:13
71	Chris Leslie	45	M			10:22:04	20:02
72	Nathaniel Minnick	21	M			10:22:18	20:02
73	Daniel Wells	68	M			11:12:12	21:39
74	Michaela Richardson	22	F			11:28:40	22:10