

6th Annual Kanawha Trace Trail Runs
 50K Trail Race
 Ona, West Virginia 07/28/2016 72° Sunny

***** AWARDS LIST FOR 50K RACE *****

***** OVERALL RESULTS FOR FEMALE *****

1	Erika Thompson	29	5:13:52
2	Kris_ Osterberg	47	6:01:24
3	Stacy Goff	39	6:33:21
4	Krista Miller	30	6:40:34
5	Jordan Taylor	20	6:57:11

***** OVERALL RESULTS FOR MALE *****

1	Michael Owen	27	4:31:52
2	Zach Beckett	33	4:35:07
3	Chris Simmons	27	4:52:09
4	Nicolas Delon	33	5:12:13
5	Adam Coon	31	5:17:28

***** MASTERS RESULTS FOR FEMALE *****

1	Jenny Mayo	45	7:35:06
2	Angela Evans	45	8:34:53
3	Angela Meek	47	9:25:59
4	Sheryl Wellman	44	9:25:59
5	Andrea Bond	44	9:36:28
6	Tasha Holland	42	9:36:37
7	Melissa Heaton	45	10:21:47

***** MASTERS RESULTS FOR MALE *****

1	Daniel McDowell	49	5:38:11
2	Richard Young	40	5:50:11
3	Austin Michael	40	6:25:09
4	Seth Clark	40	6:38:18
5	Elton Bond	40	7:24:54
6	Gregg Yarborough	47	7:59:30
7	Gary Thacker	43	8:04:49
8	Tony Burge	46	9:04:28
9	Joshua Bach	40	9:06:08
10	Brian West	49	9:24:48

***** GRAND-MASTERS RESULTS FOR FEMALE *****

1	Gina Helmick	53	8:07:40
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***** GRAND-MASTERS RESULTS FOR MALE *****

1	Andrew Helmick	50	5:33:55
2	Duey Flinn	51	6:26:25
3	John Stewart	51	7:06:18
4	Tim Mayo	50	7:35:06
5	Alan Horwitz	58	7:39:10
6	James Turner	50	7:40:58
7	Bryon Bartley	50	8:02:11
8	Todd Slayton	50	9:18:39

***** SUPER-MASTERS RESULTS FOR FEMALE *****

***** SUPER-MASTERS RESULTS FOR MALE *****

1	Dan Stewart	62	8:39:46
2	Ronald Shuck	66	9:12:16

